

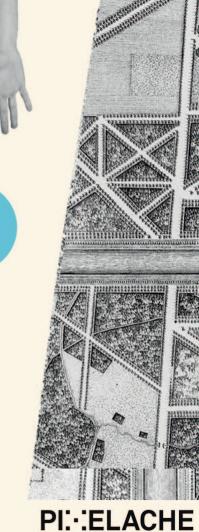
TRAINING CIRCLE

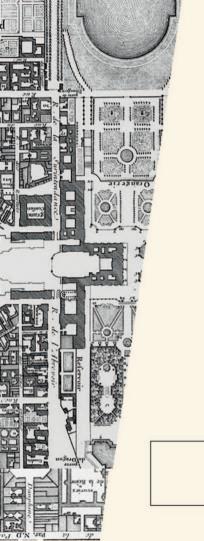
SESSION 3 - Patterns 11+12 MARCH 25

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+ Use Rythm to Align Autonomy+ Find Own Patterns with Regular Retrospectives

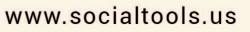




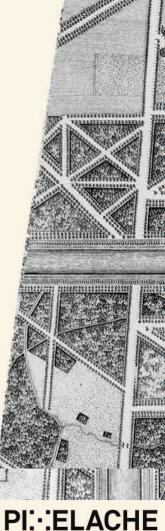


TRAINING CIRCLE - WHY?

- + follow up from conference 2018
- + (un)learn & practice habits and routines
- + from disorganisation to decentralised organisation
- + peer-learning
- + take inspirations into your own context
- + create program for Social Tools 2019









TRAINING CIRCLE - THE PROGRAM



Patterns for Decentralised Organising

TheHum.org

Distinguish commitment from participation.

Define different levels of engagement, e.g. volunteers + workers + owners; or 1 + 9 + 90: or contributors +

members Explicit rights + responsibilites for each group. Transparent pathways in and out.

A toolbox of decision

Mandate: I'll decide, then respond to questions

protocols.

Advice: I'll listen to input, then I'll decide Consent: I'll proceed if nobody objects Consensus: I'll proceed if everyone agrees

Prerequisites: transparency, shared purpose, psychological safety, reliable conflict resolution, regular reflection...

Self-development for collaboration. We need to unlearn hierarchy

to learn collaboration. We can grow our collaboration skills with practice (empathy, self-awareness, reflection, communication, etc). We learn by mimicking people we look up to. So be intentional about which behaviours you bring to your group.

Build a culture of trust & belonging.

Project Aristotle research found the #1 predictor of team performance is psychological safety, i.e. everyone feels they can take risks, suggest new ideas, or disagree.

Build trust & belonging by spending time together (e.g. at annual retreats), getting to know the "whole self", beyond the job



Use loomio.org for transparent, accessible, inclusive decisions. More participation,

less time spent in meetings. Use meetings for: bonding, trust, complexity, brainstorming.

Agree how you're using your communication tools. E.g., 3 tools for 3 jobs:

1. Realtime feed: chat/Slack 2. Async threads: email/loomio/forum 3. Static docs: wiki/handbook/gDocs

Intro new tools with care.

Agree the problem; begin time-limited trial: support people to learn: evaluate + repeat.

care labour. Care is work. Make it visible

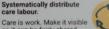
so it can be fairly shared. e.g. Practice giving & receiving care in a 'stewardship' peer-support circle. Monthly check-in: 'how can I support you?' Continuous improvement in emotional intelligence. Deep relationships disolve conflict.

Collectively agree norms & boundaries

Common sense doesn't exist, so define your shared norms explicitly, Review and update agreements periodically. Clear expectations: easy onboarding + buy-in.

See loomio.coop handbook.enspiral.com handbook.gini.net

Use rhythm to align autonomy



Conflict is normal. Agree how to deal with it.

E.g. conflict escalator from Loomio co-op: agreements (norms & boundaries) and practices (non-violent communication) → direct 1:1 communication -+ stewardsupported conversation → help from internal specialists -> external mediators - system review.

Keep talking about power.

Power differences are inevitable. Distinguish "powerwith" (social capital, legitimate reputation) from "power-over" (coercion. threats). Make it transparent.

Rotate roles that attract influence. Founders/elders/leaders be patient while new people learn the ropes.

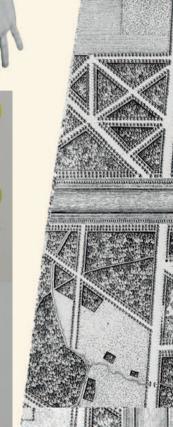
Get unstuck with an external peer. Someone you trust & respect who is not directly involved

in your situation.

Help you rethink issues, gain perspective, renew enthusiasm, host difficult conversations.

Could be a friend or a professional. For example: talk to us! contact@thehum.org

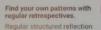
We are available for training, coaching, advising, hosting retreats...



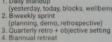
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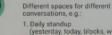
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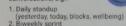


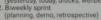


(good, bad, change). Hear about problems when they are small. Practice trying new things. Grow the org structure that is right for you. Continuous participatory change





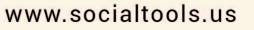


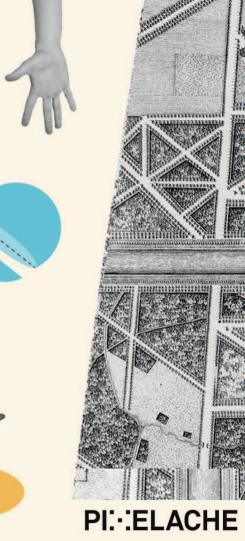


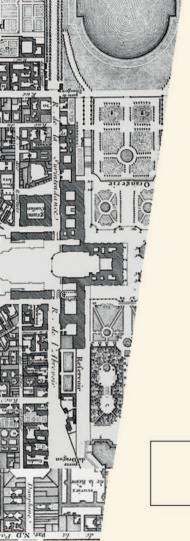


PATTERN 11 USE RYTHM TO ALIGN AUTONOMY

Video 12 min





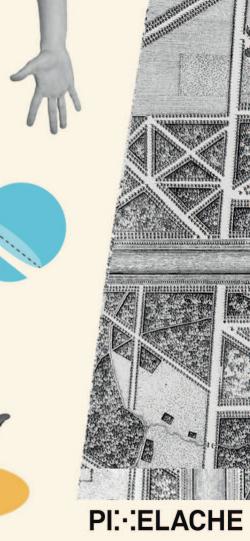


PATTERN 11 USE RYTHM TO ALIGN AUTONOMY

EXERCISE

- + What's the "Rythm" in your organisation?
- + Reflect on your own (ca. 3 min.)
- + Discuss in small groups of 3-4 people (about 20 min.)
- + 3 quick Presentations (max. 3 min. per presentation)

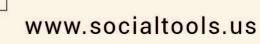
BREAK !

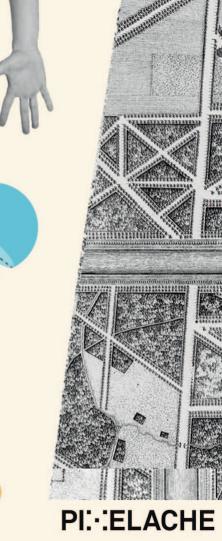


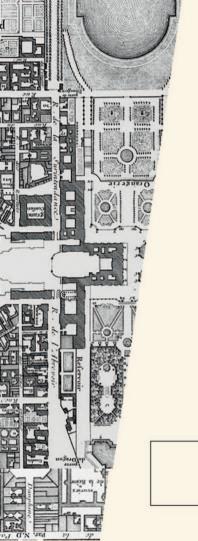


PATTERN 12 FIND YOUR OWN PATTERNS WITH REGULAR RETROSPECTIVES

Video 5 min

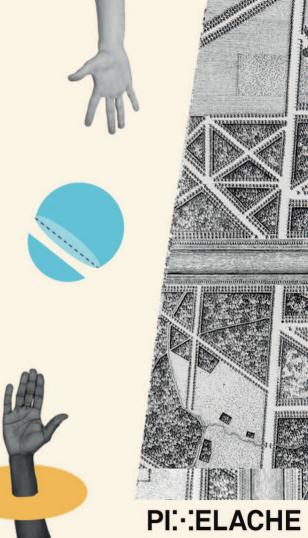


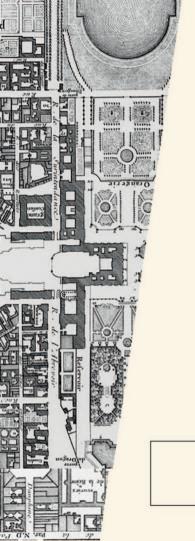




RETROSPECTIVE --> SOCIOCRACY 3.0







PATTERN 12 FIND YOUR OWN PATTERNS WITH REGULAR RETROSPECTIVES

EXERCISE - SOCIAL TOOLS RETROSPECTIVE

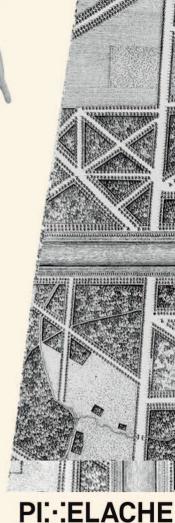
+ MEETING FREQUENCY

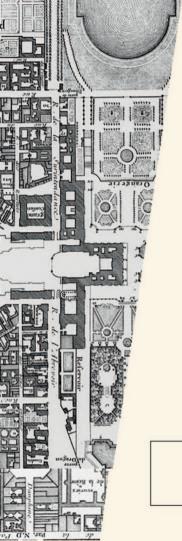
- + MEETING PLACE
- + MEETING STRUCTURE
- + COMMUNICATION TOOLS
- + THE CONFERENCE IN 2019

What's good? What's not so good? What do we change?









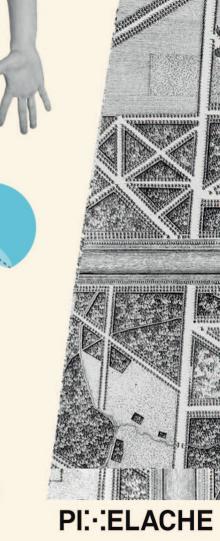
EXERCISE: CONSENT DECISION

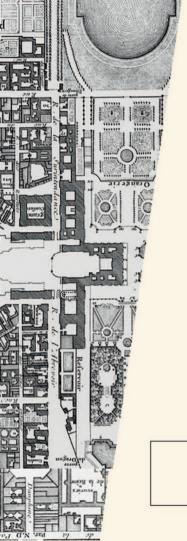
What Communications Tools we want to use in the future?

DRIVER STATEMENT

Email and Eventbrite (as used at the moment) are insufficient communication tools for our needs. We want to create a participatory learning environment, and we need a communication and decision-making tool for that.

PROPOSAL (SOLUTION TO OUR ISSUE) We suggest that we would start using Loomio as our tool for collective communication and decision-making.





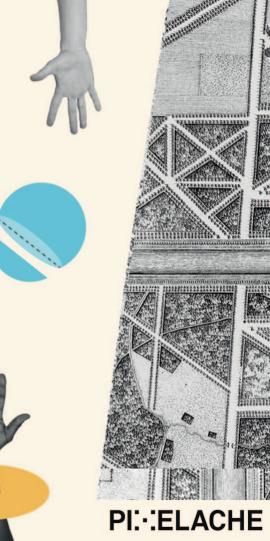
EXERCISE: CONSENT DECISION

What Communications Tools we want to use in the future?

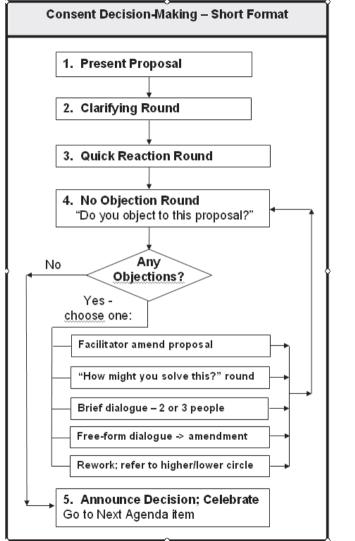
WHO'S ACCOUNTABLE Oliver & Ilpo

EVALUATION DATE After the conference in September 2019

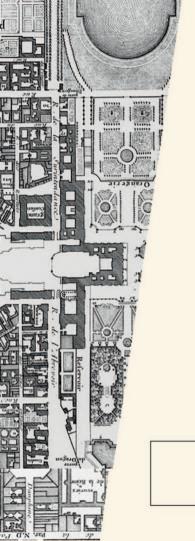
EVALUATION CRITERIA Published online with the proposal



Consent Decision Making Consent to Driver Ē Present Proposal Clarifying Q's? Brief Response Any Objections? Resolve Objections Celebrate! Consider Concerns



A Sociooracy 3.0 resource by J. Priest, L. David and J. Cumps (x2017-05-03) - based on original material by Sociooracy/30.org - J. Priest and B. Bookebrin



PATTERN 12 FIND YOUR OWN PATTERNS WITH REGULAR RETROSPECTIVES

EXERCISE - SOCIAL TOOLS RETROSPECTIVE

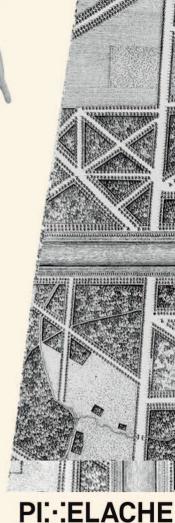
+ MEETING FREQUENCY

- + MEETING PLACE
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What's good? What's not so good? What do we change?









NEXT STEPS / SUGGESTIONS

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SESSION FOUR - MAY 21 (TUESDAY) Patterns 3+4 Distribute Care Labour Collectively Agree Norms and Boundaries

