

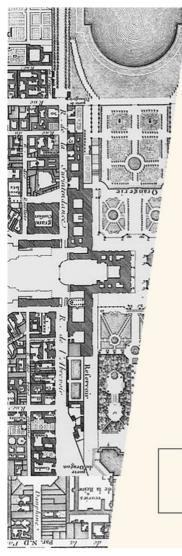
### TRAINING CIRCLE - WHY?

- + follow up from conference
- + (un)learn & practice habits and routines
- + from disorganisation to decentralised organisation
- + peer-learning
- + create program for Social Tools 2019





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### TRAINING CIRCLE - THE PROGRAM



### Patterns for Decentralised **Organising**

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Distinguish commitment from participation.

Define different levels of engagement, e.g. volunteers + workers + owners;

or 1 + 9 + 90: or contributors +

Explicit rights + responsibilites for each group. Transparent pathways in and out.

#### A toolbox of decision protocols.

Mandate: I'll decide, then respond to questions Advice: I'll listen to input, then I'll decide Consent: I'll proceed if nobody objects Consensus: I'll proceed if everyone

Prerequisites: transparency, shared purpose, psychological safety, reliable conflict resolution, regular reflection...

### Self-development for

We need to unlearn hierarchy to learn collaboration. We can grow our collaboration skills with practice (empathy, self-awareness, reflection, communication, etc). We learn by mimicking people we look up to. So be intentional about which behaviours you bring to your group.

#### **Build** a culture of trust & belonging.

Project Aristotle research found the #1 predictor of team performance is psychological safety, i.e. everyone feels they can take risks, suggest new ideas, or disagree.

Build trust & belonging by spending time together (e.g. at annual retreats), getting to know the "whole self", beyond the job

#### Systematically distribute care labour.

Care is work. Make it visible so it can be fairly shared. e.g. Practice giving & receiving care in a 'stewardship' peer-support circle. Monthly check-in: 'how can I support you?' Continuous improvement in emotional intelligence. Deep relationships disolve conflict.

#### Collectively agree norms & boundaries.

Common sense doesn't exist, so define your shared norms explicitly. Review and update agreements periodically. Clear expectations: easy onboarding + buy-in.

See loomio.coop handbook.enspiral.com handbook.gini.net

#### Conflict is normal. Agree how to deal with it.

E.g. conflict escalator from Loomio co-op: agreements (norms & boundaries) and practices (non-violent communication) → direct 1:1 communication - stewardsupported conversation → help from internal specialists → external mediators → system review.

#### Keep talking about power.

Power differences are inevitable. Distinguish "powerwith" (social capital, legitimate reputation) from "power-over" (coercion, threats) Make it transparent.

Rotate roles that attract influence. Founders/elders/leaders be patient while new people learn the ropes.

#### Make decisions asynchronously.

Use loomio.org for transparent, accessible. inclusive decisions. More participation. less time spent in meetings. Use meetings for: bonding, trust, complexity, brainstorming.

#### Agree how you're using your communication tools.

E.g., 3 tools for 3 jobs:

- 1. Realtime feed: chat/Slack 2. Async threads: email/loomio/forum
- 3. Static docs: wiki/handbook/gDocs

#### Intro new tools with care.

Agree the problem; begin time-limited trial; support people to learn; evaluate +

#### Use rhythm to align autonomy. Different spaces for different

1. Daily standup

- (yesterday, today, blocks, wellbeing) 2. Biweekly sprint
- (planning, demo, retrospective) 3. Quarterly retro + objective setting
- 4. Biannual retreat

conversations, e.g.:

#### Find your own patterns with regular retrospectives.

Regular structured reflection (good, bad, change). Hear about problems when they are small. Practice trying new things. Grow the org structure that is right for you. Continuous participatory change.

#### Get unstuck with an external peer.

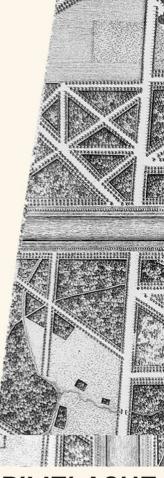
Someone you trust & respect who is not directly involved

Help you rethink issues, gain perspective, renew enthusiasm, host difficult conversations.

Could be a friend or a professional.

For example: talk to us! contact@thehum.org

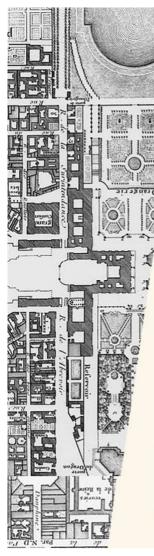
We are available for training, coaching, advising, hosting retreats...



**PI::ELACHE** 

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## STAKEHOLDERS - EXERCISE

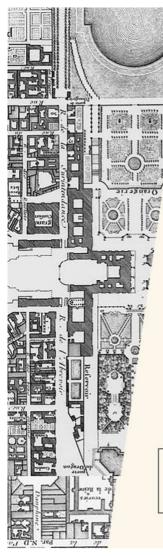
QUESTION: How is this pattern visible in the organizations/communities/collectives you are involved? (5 min)

Free discussion in small groups, share some of your observations. (20 min)





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### **DECISION MAKING - EXERCISE**

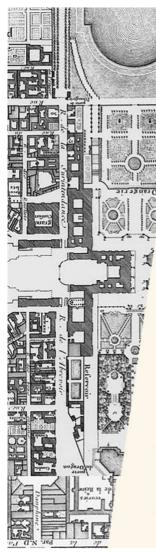
- 1. mark individual choices for each proposal
- 2. clarifications (if options are unclear)
- 3. address objections: how to modify the proposal so that objections would move to toleration
- 4. write your own proposal (optional)





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## **NEXT STEPS / SUGGESTIONS**

SESSION TWO - JAN 14 Patterns 9+10

Make Decisions Asynchronously

Agree How You Are Using Your Communication Tools

SESSION THREE - MAR 25

Patterns 11+12
Use Rhythm to Align Autonomy

Find Your Own Patterns With Regular Retrospective

